

Kick Zone Marking/Paper Test

For those of you that have not set the kick zones on your skis you will need to do a Paper Test, which can also be used to determine if skis are either too stiff or too soft.

1-To do the test, the skier places the skis on a clean, flat (important!) surface and stands over (or steps into) the bindings. A friend takes a piece of regular old paper, places it under the ski (between the base and the floor), and slides it forward toward the tip of the ski until it stops. This marks the front of the wax pocket. The friend then slides the paper back towards the ski tail until it stops; this is the back of the wax pocket. Make a single vertical line mark on the sidewall of the skis and define this area as your cold hard wax kick zone. Lastly shift all of your weight onto one ski and make sure the paper cannot move. If the paper can move your skis are too stiff. (Make sure you tell your coaches this!)

2-Next step is to fold the paper in half and repeat the test and mark the ski side walls with two vertical lines. This is your kick zone for warm wax.

3-Then fold paper again, repeat and mark side walls with a vertical line with a circle around it. This is your kick zone for klistler.